

Rutti Counseling & Consultation, LLC Estimation of Costs of Services

Common Services at Rutti Counseling & Consultation:

90791: Diagnostic Assessment	<u>\$150.00</u>
90832: Individual Psychotherapy 30-44 minutes	<u>\$90.00</u>
90834: Individual Psychotherapy 45-51 minutes	<u>\$130.00</u>
90837: Individual Psychotherapy 53-60 minutes	<u>\$130.00</u>
90846/90847: Family/Couples Psychotherapy	<u>\$150.00</u>
99354: Prolonged session 30 additional minutes	<u>\$60.00</u>

Common Diagnosis Codes at Rutti Counseling & Consultation:

A sample list of common diagnosis provided at Rutti Counseling & Consultation is provided. This is not an exhaustive list. Your clinician will make a diagnosis within 1-3 sessions and will base this on a thorough assessment. Diagnosis codes can also change at any given time due to changes in symptoms. Please speak to your clinician with any questions or concerns. Common diagnostic codes include:

- Adjustment Disorder (F43.23)
- Major Depressive Disorder, Recurrent, Moderate (F33.1)
- Generalized Anxiety Disorder (F.41.1)
- Posttraumatic Stress Disorder (F.43.12)
- Unspecified Trauma and Stressor Related Disorder (F43.9)

Treatment Frequency & Duration:

How long you need to engage in therapy and how often you attend sessions will be influenced by many factors, including:

- Your presenting needs and symptoms
- Your treatment goals
- Life changes and challenges
- Schedule availability/clinician availability
- Personal finances
- Where you are in your course of trauma specific treatment

Therapy can range in frequency from multiple sessions per week, weekly, biweekly, monthly, or less frequent. You and your clinician will continually assess the appropriate frequency of therapy and will work together to determine when you have met your goals and are ready for discharge.

Where services will be delivered:

Services will be provided via Telehealth or at our physical office space depending on clinician and client preference/availability:

Facility Name: Rutti Counseling & Consultation, LLC

Location: 1200 W. 5th Ave. Suite D, Columbus, OH 43212

Facility Type: Outpatient Mental Health Office

Facility NPI: 1972048734

Tax ID: 815294199

Person to Contact: Suzanne Rutti, Owner

Phone: 614-398-1927

Email: suzannerutti@rutticounseling.com

Clinicians at Rutti Counseling & Consultation:

- Suzanne Rutti, MSW, LISW-S
- Kimberly Johnson-Smith, MSW, LISW-S
- Tammie Yancey, M.Ed., LPCC
- Rachel Heisesr, MSW, LSW

Template for Out of Pocket Cost Estimate

Annual Cost Estimate

Service	Cost per session	Insurance will pay	Patient Responsibility	Other discounts applicable	Frequency	Total number of sessions	Total cost per year
90791 Assessment	\$150						
90832 Follow up 30 min	\$90						
90834 Follow up 45 min	\$130						
90837 Follow up 60 min	\$130						
90846/90847 Follow Up family	\$150						
99354 Prolonged session additional 30min	\$60						
						Total estimated annual cost	

*Patient responsibility can include but are not limited to out of pocket responsibilities such as coinsurance, deductibles, and out of network fees. Please contact your carrier directly to determine your coverage and patient responsibilities. Please note that your out of pocket responsibilities can vary by time of year and whether or not out of pocket minimums have been met. RCC is not permitted to discount any out of pocket responsibilities that are predetermined by insurance. Please let us know if you choose to waive your use of in-network insurance. Additional documentation will be required.

*When estimating your annual cost, it is recommended to estimate weekly sessions at the highest service cost and highest out of pocket responsibility expected.

*Additional services may be added depending on the nature of your case. Please discuss with your clinician or contact suzannerutti@rutticounseling.com for more information.

*This is not a contract or binding agreement and is for your reference only. Estimating frequency and duration of mental health treatment can be very difficult, and the course of treatment can easily change at the onset of new stressors or life changes, as well as new identified treatment issues. For more information about your specific course of treatment, please discuss with your clinician.