

Rutti Counseling & Consultation

STARS PROGRAM: SECONDARY TRAUMA AWARENESS, RESILIENCE AND SUPPORT



Helpers need help, too.

Working with adults, children and families who are facing difficult situations can take a toll on behavioral health providers. This group offers a combination of education and a chance to evaluate and process our own signs and symptoms of vicarious trauma.

Space is limited to 10 participants.

Please register in advance at suzanne.rutti@gmail.com or (614) 398-1927

FIRST FRIDAYS 1PM-2:30PM
\$25/SESSION