

Rutti Counseling & Consultation, LLC

# STARS: SECONDARY TRAUMA AWARENESS, RESILIENCE AND SUPPORT



*Helpers need help, too.*

Working with adults, children and families who are facing difficult situations can take a toll on behavioral health providers. This group offers a combination of education and a chance to evaluate and process our own signs and symptoms of vicarious trauma.

Space is limited to 10 participants.

Please register in advance at [suzanne.rutti@gmail.com](mailto:suzanne.rutti@gmail.com)

QUARTERLY THURSDAYS 11AM-12:30PM

MAY 23, 2019

AUGUST 29, 2019

NOVEMBER 21, 2019

\$25/SESSION