STARS:
SECONDARY TRAUMA AWARENESS, RESILIENCE AND SUPPORT

Helpers need help, too.

Working with adults, children and families who are facing difficult situations can take a toll on behavioral health providers. This group offers a combination of education and a chance to evaluate and process our own signs and symptoms of vicarious trauma.

Space is limited to 10 participants.

Please register in advance at suzanne.rutti@gmail.com

QUARTERLY THURSDAYS 11AM-12:30PM
MAY 23, 2019
AUGUST 29, 2019
NOVEMBER 21, 2019
$25/SESSION