Suzanne M. Rutti, LISW-S is now offering:

LIKE A GIRL!
SELF-ESTEEM AND EMPOWERMENT GROUP FOR TEENS

“The future belongs to those who believe in their dreams.” – Eleanor Roosevelt

8 WEEK PROGRAM
Closed group for girls ages 14–17yrs
Topics include self-esteem, stress, self-care, healthy relationships, peer pressure, social media safety, consent and conflict resolution.
$50/session (contact for options regarding use of health insurance)
Contact: 614-398-1927 or suzanne.rutti@gmail.com to sign up and schedule a parent intake appointment